



**“WE ARE NOT ALONE”**

**Create space for collaborative conversations**

**Discuss ripple effect of trauma in school, home and communities**

**Explore techniques to identify and address trauma**

**Discover resources available for healing**

## **APRIL 24 | 7-9 PM** **PITTSBURGH MANCHESTER K-8**



### **OMA Pittsburgh Presents a Community-Based Trauma Conversation**

Two community-based organizations are coming together to do something BIG – build community, inspire change and give back.

Please join us for the first of four community-based conversations facilitated by OMAPittsburgh.org. These conversations are designed to interrupt the normalization of trauma in schools, homes and communities and to create space where healing can occur. The theme of the first community conversation in Manchester is **“Unity in the Community: We Are Not Alone”**.



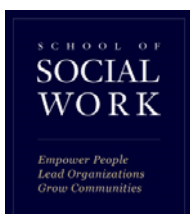
### **Manchester Growing Together Garden/Farm**

Manchester Growing Together Garden/Farm is pleased to host the first **“Unity in the Community: We Are Not Alone”** conversation. Manchester Growing Together Garden/Farm is on a mission to work together in the soil to create opportunities to feed families, strengthen community relationships, consume healthy food while making better lifestyle choices and feeling empowered by positive change. In addition, the group is rooted in addressing social injustice, food insecurity and building community.



The Heinz Endowments is devoted to the mission of helping our region prosper as a vibrant center of creativity, learning, and social, economic and environmental

sustainability. Core to our work is the vision of a just community where all are included and where everyone who calls southwestern Pennsylvania home has a real and meaningful opportunity to thrive.



This program is offered for 2 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call [\(412\)624-6902](tel:4126246902).

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